

E L Y R A

· COUNSELING ·

Practice: Elyra Counseling, PLLC

Provider: Zoe Kinsey, MA, LMHC

License #: LH61569669

Individual NPI: 1386344372

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN ACCESS THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice of Privacy Practices (“Notice”) explains how Elyra Counseling, PLLC (“Elyra Counseling,” “we,” “us,” or “our”) may use and disclose your Protected Health Information (“PHI”) and describes your rights regarding that information. If you have questions about this Notice or your PHI, please contact: Zoe Kinsey at Elyra Counseling, PLLC 2226 Eastlake Ave E #1232, Seattle, WA 98102 Phone: (206)-759-7081.

Our Legal Duties

We are required by law to:

- Maintain the privacy and security of your PHI.
- Provide you with this Notice explaining our privacy practices and legal duties.
- Follow the terms of this Notice currently in effect.
- Notify you if a breach of your unsecured PHI occurs.

This Notice may change from time to time. The current version is always available upon request. We keep records of the care and services we provide. You may inspect and request copies of these records, request corrections, and obtain additional information by contacting Elyra Counseling, PLLC. Except as described below, we will use and disclose your PHI only with your written authorization. You may revoke an authorization at any time in writing.

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How We May Use and Disclose Your PHI (No Authorization Required)

- Treatment. We may use and share your PHI to provide, coordinate, or manage your care.
- Payment. We may use and disclose your PHI to obtain payment for services.
- Health Care Operations. We may use and disclose PHI for practice operations such as quality review, training, licensing, compliance, and administrative purposes.
- Uses and Disclosures Requiring Your Authorization
- Treatment notes. You may request access to your clinical record or a summary. Reasonable, cost-based fees may apply.
- Marketing. Elyra Counseling, PLLC does not use or disclose PHI for marketing purposes.
- Sale of PHI. Elyra Counseling, PLLC does not sell your PHI.

Other Uses and Disclosures Permitted by Law

- We may disclose PHI when required by law, for public health and safety, oversight activities, judicial proceedings, law enforcement, coroners, research, specialized government functions, workers' compensation, appointment reminders, and treatment alternatives.
- Disclosures to Family or Others Involved in Your Care. We may share relevant PHI with individuals you identify unless you object.
- Washington State Privacy Protections. Your information is protected under HIPAA and Washington State law (RCW 70.02). Certain disclosures are mandatory, including suspected abuse or serious risk of harm.

Your Rights

You may request restrictions, confidential communications, access records, accounting of disclosures, amendments, copies of this notice, opt out of fundraising, and receive notice of breach.

Complaints

Zoe Kinsey

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2226 Eastlake Ave E #1232, Seattle, WA 98102

Phone: (206)-759-7081

You may also contact HHS at 1-877-696-6775 or
www.hhs.gov/ocr/privacy/hipaa/complaints.

We will not retaliate.

Acknowledgment

By signing or checking electronically, you acknowledge receipt of this Notice.